



## Mark your Calendar!

*“When you’re ready for something more durable than philosophy, metaphysics, or orthodox religion, then you’re ready for the knowledge that grants love, wisdom, and spiritual freedom.*

*These three qualities are available through the teachings of ECK.*

*“The answer is in your hands.”*

*Harold Klemp, [The Call of Soul](#)*

---

The Ottawa Eckankar community is delighted to invite you to its annual **Day Seminar for Spiritual Seekers and members of Eckankar** on **Saturday, October 13, 2018**. This is a wonderful opportunity to meet other spiritually minded individuals and seekers of truth and to help you discover the next step in your spiritual unfoldment.

The theme of the Seminar is: ***HAVE YOU HEARD THE CALL OF SOUL?***

The Seminar takes place at **30 Cleary Avenue** (*First Unitarian Congregation Building*), **Ottawa, Ontario**  
**From 11:00 a.m. to 5:30 p.m.**

Life is a privilege, rather than a trial of fear. Through the various talks, a workshop and spiritual exercises during this event, you will be able to learn more about yourself as Soul, an eternal, creative, spiritual being. You can connect with the most sacred part of yourself, receive new insights, and magnify love in your life through the Light and Sound.

Experience the most sacred mantra in the world, HU, a love song to God, and see how it can help you to open your heart more fully to the uplifting presence of God. Discover how through spiritual exercises you can meet life’s challenges with courage; develop your creative abilities to help you out of idleness; and find out more about the road to spiritual freedom. Learn how to access the door to your true self through a spiritual guide who protects and guides you.

The program contains talks, panels, a workshop and creative arts. The Seminar also includes a Sound of Soul activity where you will have a chance to experience chanting the HU Song with a beautiful contemplation seed, followed by relaxed, authentic spiritual conversation.

You are welcome to invite friends, family members, or truth seekers. The event is for people of all faiths. The Seminar is FREE for non-members. A donation of \$30 is suggested for members of Eckankar.

For more information or to get a copy of the program,  
please call **1-866-426-7685** or go to [www.eckankar.ca/ottawa](http://www.eckankar.ca/ottawa).