



DREAM MESSAGE FROM DAD

My Father Lets Me Know He Has Passed On



to my normal routine and start writing down my dreams. I took out my dream journal and set it by the bedside.

What was the last thing I wrote? I wondered.

When I flipped the pages to read the last entry, I was shocked. There was the record of my last dream fragment: *Daddy called and left a message on my cell phone. He said, "I'm already home. I'll wait for you and meet you there."*

My father had sent me a message through a dream to let me know he had passed on.

This experience changed me. The ECK teachings had already taught me that Soul cannot die. Death is only a transition into a new plane of existence.

The dream message from my father was confirmation of his happy new life. This made me happy too. Now I could completely share in his joy.

It also reminded me of how important it is to write down my dreams. Had I not taken the time to write down this dream fragment, I would have forgotten about it and missed the great gift it brought me.

1. ECK (pronounced EHK) is the Life Force, the Holy Spirit, the Audible Life Current which sustains all life.

2. The Mahanta is the Spiritual Master in Eckankar.

Beverly Dowling

Excerpted from the 2016 Eckankar Journal
Illustration by Valerie Mortensen

The Art of Spiritual Dreaming



2017 ONTARIO ECK SEMINAR EVENTS

WORKING WITH CYCLES OF SPIRITUAL CHANGE

Workshop with Mike DeLuca
Toronto ECK Centre, 19 Yorkville Ave.
Friday, June 2, 7-9 pm

THE ART OF SPIRITUAL DREAMING

2017 Ontario ECK Regional Seminar
Holiday Inn Yorkdale, 3450 Dufferin St.
Saturday, June 3, 1 pm - 9 pm

HOW GOD SPEAKS TO US

ECK Light and Sound Service
Toronto ECK Centre, 19 Yorkville Ave.
Sunday, June 4, 10:30 - 11:30 am



KEYNOTE SPEAKER Mike DeLuca

Mike DeLuca has been exploring his own dreams as a student of Eckankar for over 43 years. An

internationally recognized speaker and workshop facilitator, Mike has been a featured guest speaker for Eckankar at seminars and workshops throughout North America, South America, Africa, Australia, Singapore, Malaysia and the West Indies.

Advanced Spiritual Study Program

Eckankar offers an advanced spiritual study program called *The Easy Way*. Classes are held at the Toronto Eckankar Centre. For more information call: 416-926-8946.

TORONTO

TORONTO ECKANKAR CENTRE
19 YORKVILLE AVE., TORONTO
INFO: 416-926-8946

OPEN HOUSE

Tuesday & Friday, 6 pm to 8 pm
Wed. & Thurs., 11:30 am to 2 pm
Sunday, 10 am to 2 pm

Please feel free to drop in to ask any questions, or browse through the books available on display.

COMMUNITY HU SONG

All are welcome to attend a Community HU Song, regardless of their faith or beliefs. This is a special opportunity to sing HU, a love song to God, for about 20 minutes in the company of others. Refreshments are served afterwards.

Every Friday	7 pm
Every First Sunday	11 am
Every Third Tuesday	7 pm
Every Third Wednesday	12 pm

BOOK DISCUSSIONS

An ECK book discussion is a fun way to share insights and experiences and learn more about Eckankar. You do not need a book to attend and are welcome to join as many or as few sessions as you wish.

35 Golden Keys to Who You Are & Why You're Here

Friday, May 5, 7:45 pm

Autobiography of a Modern Prophet

Sunday, May 7, 11:45 am

The Art of Spiritual Dreaming

Friday, May 12, 7:45 pm

Friday, June 9, 7:45 pm

Spiritual Exercises for the Shariyat, Book 1

Friday, May 19, 7:45 pm

Friday, June 16, 7:45 pm

Stranger by the River

Tuesday, May 16, 7:45 pm

Tuesday, June 20, 7:45 pm

Stranger by the River (Farsi)

Friday, May 26, 7:45 pm

Friday, June 23, 7:45 pm

MISSISSAUGA

Mississauga Valley Community Center
1275 Mississauga Valley Blvd. Room 2
Info: 1-866(IAMSOUL)426-7685

ECK WORSHIP SERVICES

Learning from Past Lives and Soul Travel

Sunday, May 21, 10:00 am

How Divine Spirit Works in Our Lives Everyday

Sunday, June 18, 10:00 am

COMMUNITY HU SONG

Sunday, May 21, 11:40 am

Sunday, June 18, 11:40 am

Free Book Offer Spiritual Experiences Guidebook

This dynamic guidebook from Eckankar can help you validate and understand the purpose of your spiritual experiences.

- Remembering a past life
- Out-of-body experiences
- Knowing the truth instantly



For your free copy of this book visit:

www.spiritualexperience.org

ECK LIGHT AND SOUND SERVICES

People from all walks of life gather to celebrate a life lived in harmony with Divine Spirit. Each service focuses on a different aspect of Eckankar. All are welcome.

TORONTO ECKANKAR CENTRE
19 Yorkville Avenue, Toronto
416-926-8946

How Divine Spirit Works In Our Everyday Life

Sunday, May 14

10:30 am to 11:30 am

Thriving Spiritually In Our World

Sunday, May 21

10:30 am to 11:30 am

HU: A Love Song To God

Sunday, May 28

10:30 am to 11:30 am

How God Speaks To Us

Sunday, June 4

10:30 am to 11:30 am

Spiritual Surrender: Let Go & Let God

Sunday, June 11

10:30 am to 11:30 am

What Is Life Teaching Me Now?

Sunday, June 18

10:30 am to 11:30 am

The Secret of Love

Sunday, June 25

10:30 am to 11:30 am